

Comprehensive Program Review Report



Program Review - Health and Wellness

Program Summary

2020-2021

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What are the strengths of your area?: The Health and Wellness courses at COS continue to be in high demand, and are still being taught effectively online during the age of Zoom, Coronavirus and Canvas. The average fill rate for all Health and Wellness courses is still around 92% which demonstrates a high level of interest in the courses, as well as a strong ability to learn and demonstrate competency in the subject matter even when the content is offered via remote learning.

The Academic Quality of these courses has not suffered at all as we have shifted to online, because the court content has been easy to organize into segments which can be offered in online coursework and research. Student success has remained steady, and resource efficiency has actually improved due to more students being provided with technology, hot spots, and other resources. Our institution has demonstrated its effectiveness as teachers have rapidly transitioned their coursework from lecture based, to web-based with little to not issue. Canvas has allowed us to transition with ease, and students were already familiar with and comfortable with this platform.

What improvements are needed?: We will continue to evaluate our SLO achievement as we aim to close a slight gap we were seeing in 2019-2020.

Describe any external opportunities or challenges.: Often times we struggle to find funding to keep current with the requirements of teaching the Health and Wellness courses.

Overall SLO Achievement: Still being evaluated.

Changes Based on SLO Achievement: For HW 007 in 2019-2020, the SLO achievement jumped 10 percentages, from 89% to 99%. For HW 060, SLO achievement jumped from 56%-61%. These are positive gains. It is important we continue to revisit the SLO's during Division meetings so all are on the same page and we can see these kinds of jumps in all sections. It is also important we continue the SLO discussion so we can discuss future changes and additions or deletions.

Overall PLO Achievement: Health and Wellness 1 is part of the GE track requirement as well as the Liberal Studies AA degree for transfer in Health and Physical Education.

Changes Based on PLO Achievement: No changes at this time.

Outcome cycle evaluation: The three SLO's in our health and wellness courses are accessible, relevant, and are being taught and retained well by our students, as we continue in the remote learning model into semester 2. We will continue to use the SLO data to drive and direct our teaching.

No Action were returned for this Unit based upon the selected parameters.